

“Get a Life”

Mark 8:34-38, Deuteronomy 30:11-20

July 9, 2017

Mark 8:35-37 ***For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. 36 For what does it profit a man to gain the whole world and forfeit his soul? 37 For what can a man give in return for his soul?*** (ESV)

1. *Psyche* means “_____” and “_____,” or “_____.”

2. My Self (*psyche*) is a _____.

Mark 8:36-37 ***36 For what does it profit a man to gain the whole world and forfeit his soul? 37 For what can a man give in return for his soul?***

Luke 12:20 ***“But God said to him, ‘You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?’”***

3. I save my Self (*psyche*) only when I _____ it for Christ’s sake and the gospel’s.

Mark 8:34-35 ***And calling the crowd to him with his disciples, he said to them, “If anyone would come after me, let him deny himself and take up his cross and follow me. 35 For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it.”***

4. I save my Self (*psyche*) when I _____ it to Jesus Christ.

John 12:24-25 ***Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. 25 Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life.***

Galatians 2:20 ***I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.***

Mark 10:29-31 ***29 “Truly I tell you,” Jesus replied, “no one who has left home or brothers or sisters or mother or father or children or fields for me and the gospel 30 will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come eternal life. 31 But many who are first will be last, and the last first.”***

5. I, _____, do hereby surrender my Self (*psyche*), all that I am and all that I have, to Jesus Christ on this ninth day of July, 2017.

“Get a Life”

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- Is your life everything you want it to be? Fulfilling? Are you living “the life.”

I am ... sometimes.

You will hear people say, “I hate my life.” How tragic.

It means they’re depressed. It means their circumstances have robbed them of their joy, of their sense of purpose.

- Let me ask it another way. Are you the person you want to be?

Again, I am ... sometimes.

But sometimes I feel like my life stinks. Sometimes I feel like I stink.

- Are you ever that way? What’s the way out?

Mark 8:35-37 ***For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. ³⁶ For what does it profit a man to gain the whole world and forfeit his soul? ³⁷ For what can a man give in return for his soul?*** (ESV)

1. *Psyche* means “life” and “soul,” or “self.”

Ψυχή, Ζωή, βίος,

- Singular, not plural. Individual. Personal. ESV

2. My Self (*psyche*) is a priceless treasure.

Mark 8:36-37 ***³⁶ For what does it profit a man to gain the whole world and forfeit his soul? ³⁷ For what can a man give in return for his soul?***

Luke 12:20 ***“But God said to him, ‘You fool! This very night your life ψυχήν will be demanded from you. Then who will get what you have prepared for yourself?’”***

- Instinct tells us to preserve our psyches.
- We’ve all seen rich, empty people.

3. I save my Self (*psyche*) only when I lose it for Christ’s sake and the Gospel’s.

Mark 8:34-35 ***And calling the crowd to him with his disciples, he said to them, “If anyone would come after me, let him deny himself and take up his cross and follow me. 35 For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel’s will save it.”***

- What is the Gospel?
- Losing one’s life doesn’t necessarily mean physical death or martyrdom.
- “If a gunman broke in ...”
- So HOW do we save our lives/souls/psyches/selves by losing them for Christ’s sake and the Gospels?

4. I save my Self (*psyche*) when I surrender it to Jesus Christ.

John 12:24-25 ***Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. 25 Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life.***

Galatians 2:20 ***I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.***

- Two weeks ago we “nailed our Selves to the cross.” Symbolic

Mark 10:29-31 ²⁹ *“Truly I tell you,” Jesus replied, “no one who has left home or brothers or sisters or mother or father or children or fields for me and the gospel ³⁰ will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come eternal life. ζῶην ³¹ But many who are first will be last, and the last first.”*

- I die to Self. I deny Self.
- “Give it up” for Jesus Christ.
- Sin and rebellion. (Self-indulgence. Over eating ...)
- When I focus on me, my life is less.
When I focus on Christ, my life is more.
When I focus on me, my soul is less.
When I focus on Christ, my soul is more.
- “I Surrender All” as a dirge. (God bless Lauren for playing with for old white guys trying to channel Bob Marley)
- D L Moody – “The world has yet to see what God can do with a man fully consecrated to him. By God’s help, I aim to be that man.” (Said to him by Henry Varley.)
- Bill and Vonette Bright signed a quit claim deed. They “sold out completely” to Jesus Christ.

5. I, _____,
do hereby surrender my Self (*psyche*), all that I am
and all that I have, to Jesus Christ on this ninth day of
July, 2017.

- I want to do that! I encourage you to join me.
- I encourage you to surrender your life, your soul, your psyche to Jesus Christ.
- Aim to be fully consecrated to Him.
- Sell out to Him completely.
- I encourage you to GET A LIFE!